

FENTON



IMPORTANT DATES:

OPEN GYM & PERFORMANCE TRAINING

STARTING JUNE 24TH

MONDAY-THURSDAY 12:00-2:00 (PM)

TEAM CAMP

JULY 23-24 @ CMU

TRY-OUTS

AUG 14TH-16TH

(10AM-12:30) *MUST HAVE PHYSICAL

FENTON VOLLEYBALL TEAM BONDING

(*PARTICIPATION OPEN TO ALL PARENTS AND ATHLETES OF THE PROGRAM.
REGISTRATION INFORMATION WILL BE GIVEN AT THE CONCLUSION OF TRY-OUTS)

SUNDAY SEPTEMBER 8TH

SPARTAN RACE @ MIS

TIME: TBD

DOWN PERIODS:

JULY 1ST -7TH (NO CONTACT)

AUGUST 5TH-11TH (PERFORMANCE TRAINING ONLY)

CONTACT INFO:

VARSIITY:

MEGHAN POLCE- (734) 307-5706 TEXT OR CALL

MPOLCE@FENTONSCHOOLS.ORG

VARSIITY ASST:

BECKY LOERSCH- (630)460-1324

R.L.LOERSCH@GMAIL.COM

JV:

CAREY PAYER- (810)429-0799

CPAYER827@GMAIL.COM

FRESHMEN:

LAURIE THOMAS- (810)223-6386

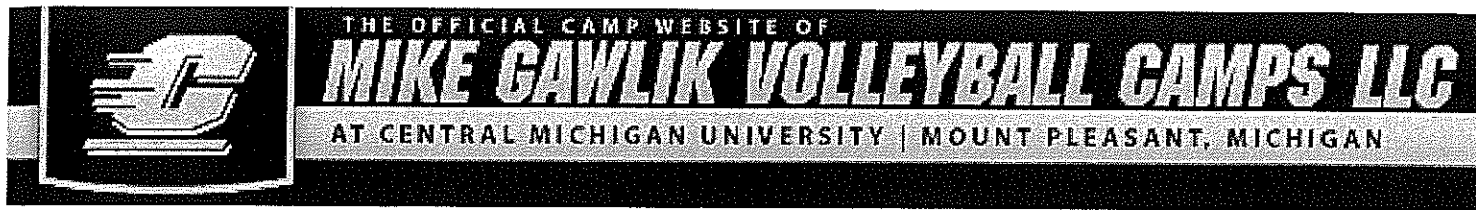
IZZOBO@GMAIL.COM

OTHER INFORMATION:

-JOIN REMIND (@FENTONV) TO 81010

-FENTON SCHOOL WEBSITE AND ATHLETICS PAGE

-TEXT COACH MEG



Mike Gawlik Volleyball Camps 2019 Team Camp

This team camp is the ultimate training and competition camp, and is the right camp for your program if you are looking for a mix between training the team elements of offense, defense and serve receive, paired with competition against other teams. Our team camp is an affordable two-day camp, hosted on CMU's campus. Teams have the option to stay in the dorms or commute. For additional details on this camp please contact Matt DePauw at depau1mj@cmich.edu (<mailto:depau1mj@cmich.edu>) and 815-988-2165. This camp is open to any and all female entrants in grades 9-12.

July 23rd - 24th

Who: High School Teams

Resident Camper: \$180

Commuter Camper: \$155

REGISTER

(<https://register.ryzer.com/camp.cfm?sport=8&id=138673>)

Print / View Camp Itinerary (/2019_Team_Camp_Schedule.pdf) (PDF)

Print Mail-In Registration Form (/VB_2019_Team_Camp_July_23-244.pdf) (PDF)

Open to any and all female entrants in grades 9-12

The cost of any awards are included in the cost of attendance.

Mike Gawlik Volleyball Camps LLC powered by My Online Camp (<https://www.myonlinecamp.com>)

Member of Ryzer (<https://ryzer.com>) & Volleyball Camps USA (<https://www.volleyballcampsusa.com>)

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MIKE GAWLIK VOLLEYBALL CAMPS

AT CENTRAL MICHIGAN UNIVERSITY | MOUNT PLEASANT, MICHIGAN

TEAM CAMP REGISTRATION FORM

(Please print)

2019 TEAM CAMP AT CENTRAL MICHIGAN UNIVERSITY

Tuesday–Wednesday, July 23-24

Who: High School Teams

Cost: \$180 (resident), \$155 (commuter)

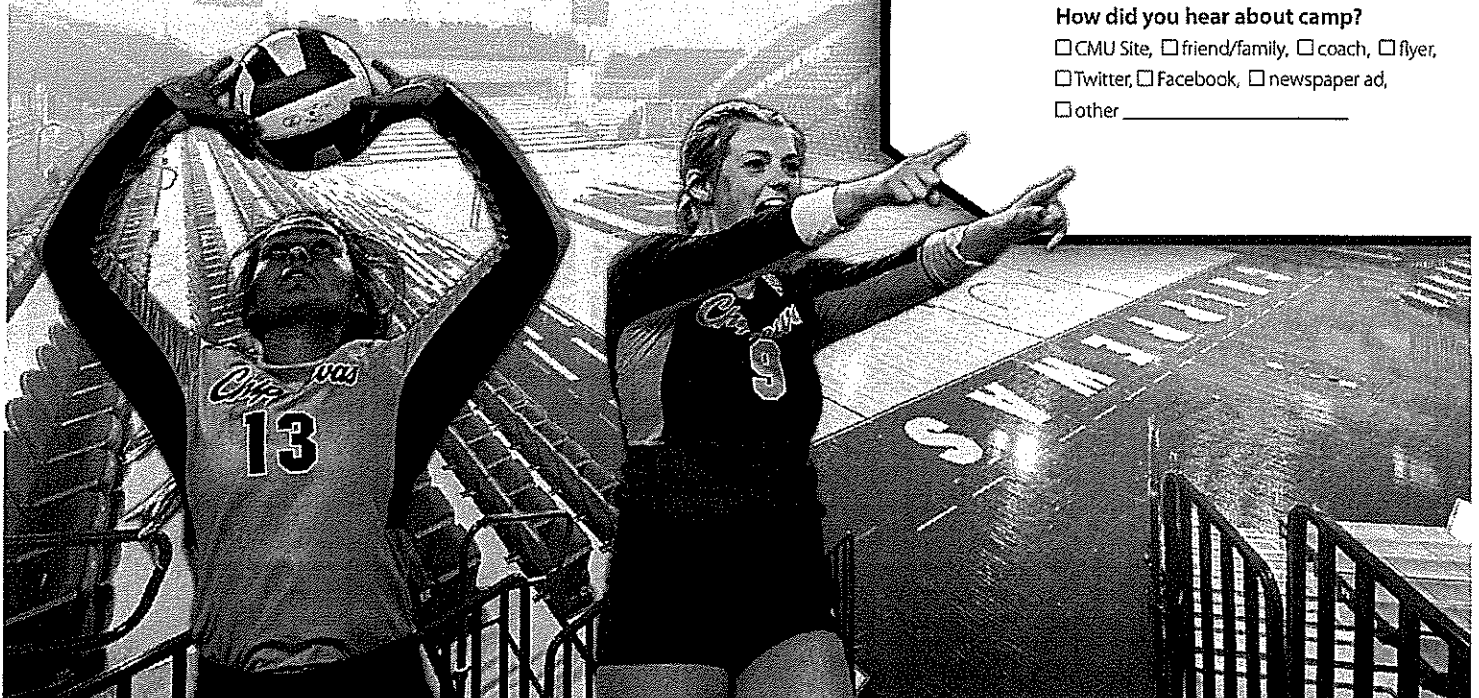
This team camp is the ultimate training and competition camp, and is the right camp for your program if you are looking for a mix between training the team elements of offense, defense and serve receive, paired with competition against other teams. Our team camp is an affordable two-day camp, hosted on CMU's campus. Teams have the option to stay in the dorms or commute. For additional details on this camp, please contact Krista Rice at rice1kk@cmich.edu. This camp is open to any and all female entrants in grades 9-12.

Resident Commuter

TO REGISTER ONLINE VISIT

<http://mikegawlikschippewavolleyballcamps.myonlinecamp.com>

Camp limited only by number, age, grade level or gender.



First & Last Name: _____

Home Address: _____

City, State, Zip: _____

Phone Number: _____

Email: _____

Parent Name: _____

School Attending in 2019-20: _____

Grade in Fall, 2019: _____

Age: _____ Height: _____

Position (OH/MB/RS/S/L/DS): _____

T-Shirt Size: S M L XL _____

Please make checks payable to

Mike Gawlik VB Camps LLC

Submit your registration form and payment to:

Mike Gawlik Volleyball Camps LLC

109 Rose Center

Mount Pleasant, MI 48859

**WALK-UP REGISTRATIONS WILL BE ACCEPTED
ON JULY 23, BASED ON SPACE.**

*Cash & check payments ONLY
for walk-up registrations.*

How did you hear about camp?

- CMU Site, friend/family, coach, flyer,
- Twitter, Facebook, newspaper ad,
- other _____

**CMU Volleyball Team Camp
July 23-24**

July 23

8:00am-9:00am	Registration @ dorm/check-in for residents
9:30am – 11:30	Session 1 (Team Concept – Offensive System)
11:30pm-1:30pm	Lunch Break (provided to both commuters and residents)
1:30pm-4:00pm	Session 2 (Team Concept – Defensive/Blocking System)
4:00pm-6:00pm	Dinner break (provided to both commuters and residents)
6:00pm-8:30pm	Session 3 (SR Systems)
8:30pm	Dismiss & Walk back to dorms Commuter pick-up in McGuirk Arena

July 24

7:00am-8:15am	Breakfast (for resident campers only)
8:30am-8:45am	Residents meet in Lobby & walk to McGuirk Arena
8:45am	Commuter drop off at McGuirk Arena
9:00am-11:30am	Session 4 (Competition)
11:30am-1:30pm	Lunch break (provided to both commuters and residents)
1:30pm-4:00pm	Session 5 (Competition)
4:15pm	Thank you/ Dismiss & Walk back to dorms Commuter pick-up in McGuirk Arena

Volleyball Player Questionnaire

Name:

Grade Next Fall:

Parents Name:

Current GPA:

Did you play last year?

Years of playing experience:

Club volleyball experience:

Volleyball Camps you have attended:

Desired position:

Desired team:

What are your goals for the upcoming season?

Individually-

As a Team-

List two goals you have for the summer:

1)

2)

Define success for you this season? What would make it successful to you?

List three of your strengths for the sport of Volleyball:

1)

2)

3)

List three things you are looking forward to this season:

1)

2)

3)

What are some other things you like to do beside play volleyball?

Describe yourself in 8 words:

What do you think is means to be a Volleyball Player for Fenton High School?

Fenton 2019 Volleyball

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Jun 2019 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

MHSAA Down Week

MHSAA Down Week

12
4pm - Volleyball

17
4pm - Volleyball

12 pm - Volleyball

12 pm - Volleyball

3 pm - Volleyball

Fenton 2019 Volleyball

Jul 2019 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	6
	MHSAA Down Week	MHSAA Down Week				
7	8	9	10	11	12	13
MHSAA Down Week	12pm - Volleyball	12pm - Volleyball	12pm - Volleyball	12pm - Volleyball		
14	15	16	17	18	19	20
	12pm - Volleyball	12pm - Volleyball	12pm - Volleyball	12pm - Volleyball		
21	22	23	24	25	26	27
	1pm - Volleyball	CMU Team Camp		1pm - Volleyball		
28	29	30	31	1	2	3
	1pm - Volleyball	1pm - Volleyball	1pm - Volleyball	1pm - Volleyball		

